

# Going Your Way Discussion Guide

## Suggested Types of Panelists

- Palliative care provider
- Hospice nurse
- Death doula
- Death Cafe leader
- Medical ethicist
- Advanced planning attorney

## Panelist Discussion

### Introduction

- Brief introduction of the topic by the moderator
- Individual introductions of each panelist, highlighting their expertise and relevant background

### Moderated Discussion

- Ensure all panelists have an opportunity to contribute to the discussion.
- Ask an initial question to spark the discussion and encourage each panelist to share their initial perspective(s).
- Move into focused questions, a series of well-structured, thought-provoking questions from the moderator, addressing different aspects of the topic.
- When appropriate, ask probing follow up questions to delve deeper into specific points raised by panelists.

### Audience Engagement

- Audience members can ask questions directly to the panelists, or the moderator can rephrase or direct audience questions to ensure clarity and relevance.

### Closing

- The moderator provides a concise recap of key points and insights from the discussion, and thanks the panelists and the audience for their participation.



## Potential Questions for the Audience

- If the audience members had one key takeaway from the video, what should it be?
- Do your children, family or power of attorney know how you feel about having a conversation about death and dying...about burial vs. cremation, etc.?
- Have your ideas about end-of-life treatments changed as you've got older?
- Have you had experience or been explained the difference between palliative care versus curative care?
- Have you had experiences in your family with hospice care?
- Have you had an experience with the death of a family member before you knew about hospice services and think the experience would have been better with it?
- Why do you think people avoid discussions about end-of-life?
- Are there any particular resources covering end-of-life issues that you would recommend?



[oasisnet.org/goingyourway](https://oasisnet.org/goingyourway)